

Seattle Central CC Draft Curriculum

	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 – 12:00	Financial Literacy (Self-sufficiency, asset development, planning for the future)	Effective Communication	Healthy Relationships	Developing Career & Educational Plans	Time Management
1:00-4:30	Child-Care Choices / Parenting Issues for working parents & Students	Team Building	What Employers Want	Workplace Norms / Ethics	Health & Wellness

	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 – 12:00	Effective Communication (continuation with different topic)	Financial Literacy (Self-sufficiency, asset development, planning for the future)	Anger Management in the Workplace or Campus	Decision Making Processes	Self-Esteem/Self-Worth
1:00-4:30	Team Building	Child-Care Choices / Parenting Issues for working parents & Students	Conflict Resolution	Interview Techniques	Mock Interviews Graduation